



freshchoice naturally

this weeks market prices

ITEMS MARKED * CALL TELE-SALES TO PRE-ORDER.

VEGETABLES	
DESCRIPTION	PACK
Artichokes – GLOBE	*13
Asparagus	250g
Aubergine	5kg
Baby Corn	12*80g
Beans Fine	1.8kg
Bean sprouts	*8
Beetroot (Vac packed)	*18
Broccoli Spain	5kg
Butternut Squash	10kg
Cabbage s/heart	*12
Cabbage Red	20kg
Cabbage Spring	*12
Cabbage White – Large	25kg
Carrots Spain	12kg
Cauliflower UK	*12
Celeriac	Each
Celery	Each
Chilies' Green	2kg
Chilies' Red	Per kg
Courgettes – Green	5kg
Fennel	5kg
Garlic Loose	Per kg
Garlic Rope	1kg
Leeks	4.5kg
Mangetout Top & Tailed	1.8kg
Mushroom Breakfast	1.85kg
Mushroom Button	2.75kg
Mushroom Mixed Wild	1.3kg
Mushroom Oyster*	1.5kg
Mushroom Paris Brown*	3.8kg
Mushroom Shitake	1.5kg
Onions Large Chile	20kg
Onions Medium	20kg
Parsnips	5kg
Sprouts	9kg
Shallots Banana	5kg
Shallots Round	5kg
Spinach (Baby Pre-Packed)	10*250g
Sugar snap Peas	2kg
Swede	12.5kg

POTATOES	
DESCRIPTION	PACK
Chips "Lutosa" Chilled	2*5kg
Potatoes "Maris piper"	25kg
Jacket Potatoes (50 Count)	15kg
Potatoes Jacket (40 Count)	15kg
Potatoes "Mids"	10kg
Potatoes Old	25kg
Potatoes Cornish New	12.5kg
Potatoes "Sweet"	6kg

FRESH PREPARED VEG*

DESCRIPTION	PACK
Carrots Baton*	2.5kg PACK
Carrots Peeled*	2.5kg PACK
Carrots Sliced*	2.5kg PACK
Coleslaw*	2.5kg PACK
Onions Peeled*	2.5kg PACK
Parsnip Baton*	2.5kg PACK
Potatoes Peeled*	2.5kg PACK
Potatoes Roast*	2.5kg PACK
Soup Mixture*	2.5kg PACK
Swede Diced*	2.5kg PACK

EXOTICS

DESCRIPTION	PACK
Blackberries*	125g
Blueberries	125g
Cherries USA *	Per kg
Fresh Figs Brazil	EACH
Kiwi Fruit	EACH
Kumquats	2kg
Mango – Large	EACH
Nectarines	*24
Passion Fruit	Each
Paw Paw	Each
Physalis	*12 pun
Pineapple	Each
Pomegranate	Each
Raspberries	each
Redcurrants	125g



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EXOTICS	
DESCRIPTION	PACK
Satsuma	Each
Peaches	Each
Star Fruit	Each
Strawberries Dutch	500g
FRUIT	
DESCRIPTION	PACK
Apples Braeburn	13kg
Apples Bramley	13kg
Apples Cox	13kg
Apples Golden Delicious	18kg
Apples Granny Smith	13kg
Apples Red Delicious	13kg
Apples Royal Gala	18kg
Apricots	5kg
Avocados	EACH
Bananas	18kg
Ginger Root	Per kg
Grapefruit Ruby	*40
Grapefruit White	*40
Grapes Green Seedless	Per kg
Grapes Red Seedless	Per kg
Lemons South Africa	45
Limes	Each
Melons Cantaloupe	*6
Melons Galia	*7
Melons Honeydew	*8
Melons Piel del Sapo	*7
Oranges	*90
Oranges	*70
Oranges	*48
Pears Conference	12kg
Pears William	12.5kg
Plums Red	6kg
Rhubarb * (outdoor)	6.9 kg
Watermelon	Each

SALAD	
DESCRIPTION	PACK
Chicory	5kg
Chinese Leaf	*8
Cress Mustard	*16
Cress Water	Each
Cucumbers	*12
Lettuce Cos	*10
Lettuce Endive French	*10
Lettuce Crispy/Flat	*9/12
Lettuce Iceberg Spain	*10/12
Lettuce Little Gem	10*Twin
Lettuce Lollo Rosso French	*12
Lettuce Mache	500g
Lettuce Mixed Fancy	*12
Lettuce Oak Leaf French	*12
Lettuce Pak Choi	*10
Lettuce Radicchio	Each
Lettuce Red Chard	1kg
Onion Spring	12 bunch
Onions Red Salad	10kg
Parsley (Curley)	Per kg
Parsley Flat	Per kg
Peppers Green	5kg
Peppers Green	Per kg
Peppers Mixed (R/Y/G)	Per kg
Peppers Red	5kg
Peppers Red	Per kg
Peppers Yellow	5kg
Peppers Yellow	Per kg
Radish	*Each
Roquette Wild	1kg
Spinach Baby Loose (France)	1kg
Tomatoes Beef	7kg
Tomatoes Cherry (Red)	9*250g
Tomatoes Cherry on vine	3kg
Tomatoes on the Vine	5kg
Tomatoes Plum	6kg
Tomatoes Salad	6kg

FULL SELECTION OF FRESH HERBS AVAILABLE
CHECK WITH TELE-SALES

CALL SALES ON 017687 76000 OR DAVID DENT (PRODUCE BUYER) ON 017687 88808 (BETWEEN 8am – 12noon)
ALL PRICES ARE CORRECT AS PER DOCUMENT DATE