



# METRO Chef Sliced Onions

## Product Images



## Description

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METRO Chef Frozen Sliced Onions—cleaned, washed, and sliced to perfection for your convenience. Each onion is individually quick frozen, preserving its freshness and flavour, making it a perfect time-saving solution for busy kitchens.

## Additional Information

SKU	28119
Description	METRO Chef Frozen Sliced Onions—cleaned, washed, and sliced to perfection for your convenience. Each onion is individually quick frozen, preserving its freshness and flavour, making it a perfect time-saving solution for busy kitchens.
About Producer	The METRO Chef range offers everything you need to bring your culinary passion to life. With a wide selection of premium-quality food products crafted by renowned local and international producers, it caters to the needs of both professional chefs and dedicated food enthusiasts. Designed to ensure success in creating exceptional gastronomic experiences, METRO Chef guarantees the finest ingredients for preparing top-tier meals.
Directions for use	Put the frozen vegetables into boiling water, adding a pinch of salt and cook for 8-10 minutes. Season to taste.
Energy (Kcal)	18.0000
Energy (KJ)	75.0000
Fat	0.0000
of which saturates	0.0000
Fibre	3.0000
Freezing guidelines	Do not refreeze once thawed.
Ingredients	Onions
Brands	METRO Chef
Dietary & Lifestyle	Suitable for vegetarians, Suitable for vegans, Lactose Intolerant, Suitable for Coeliacs, Frozen Product
Protein	1.5000
Salt	0.0100
Size	2.5kg
Pack Size	4
Storage Instructions	Store at -18°C or below.
Country of Origin	Rest of the World

