



# Popping Corn Kernals

## Product Images



## Description

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Serve sweetened or salted as a satisfying snack, or utilised as a nutritious grain accompaniment to meals. You can also incorporate it into your breakfast cereals for added texture and flavour.

## Additional Information

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SKU	65138
Description	Serve sweetened or salted as a satisfying snack, or utilised as a nutritious grain accompaniment to meals. You can also incorporate it into your breakfast cereals for added texture and flavour.
About Producer	Suma is a wholefood collective founded in 1977 by a liberally-minded group of people who believed there was a better way, and actively set out to create it. Suma was born from a passion for wholefoods, organics, sustainability and co-operative working.
Energy (Kcal)	394.0000
Energy (KJ)	1695.0000
Fat	4.3000
of which saturates	0.6000
Fibre	2.1000
Ingredients	Corn
Brands	Suma
Dietary & Lifestyle	Suitable for vegetarians, Suitable for vegans
Protein	12.0000
Salt	0.1000
Size	1kg
Pack Size	1
Storage Instructions	Store in a cool, dry place.

