



Cumbrian Air Dried Ham

Product Images



Description

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a rich, savoury taste with nuanced hints of saltiness and a sublime balance of sweet and savoury notes.

Additional Information

SKU	17023
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Country of Origin	Great Britain
Storage Instructions	Keep refrigerated.
About Producer	Shaw Meats produce a wide range of meat products including Salamis, Cured Meats, Game, Fresh Meats, Fresh Sausages, Black Pudding, Gluten Free Black Pudding, and Haggis from their Cumbrian premises in Aspatria, a former mining town that sits on the doorstep of the Solway coast.
Energy (Kcal)	107
Energy (KJ)	451
Fat	3.3
of which saturates	1.1
Fibre	0.1
Protein	18.4
Salt	2
Size	100g
Pack Size	1
Brands	Shaw Meats Limited

