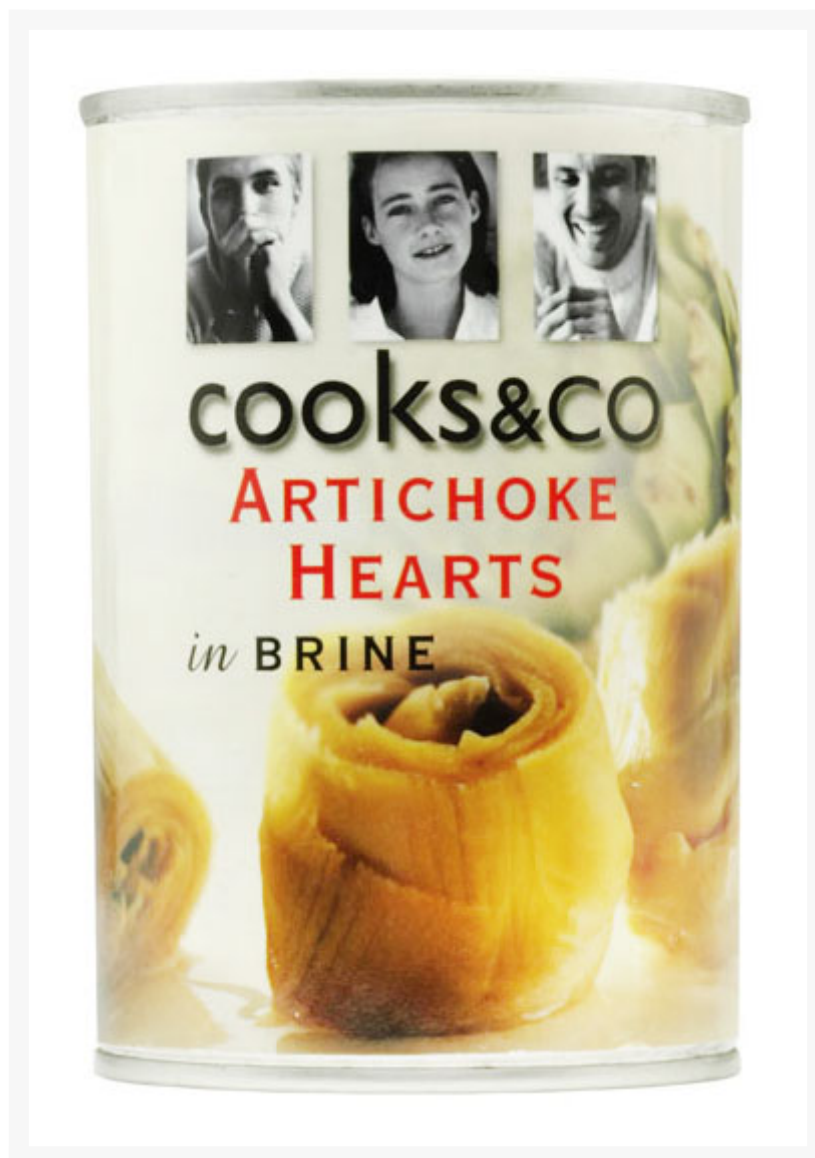




# Cooks & Co Artichoke Hearts

## Product Images



## Description

Artichoke hearts are the sweetest, meatiest part of the artichoke making them the perfect ingredient when making home-made dips or pasta sauces. Whether pureed with black olives, infused with a hint of chilli or garlic, or simply added to salads and pizzas, their versatility knows no bounds.



## Additional Information

SKU	50740
Description	Artichoke hearts are the sweetest, meatiest part of the artichoke making them the perfect ingredient when making home-made dips or pasta sauces. Whether pureed with black olives, infused with a hint of chilli or garlic, or simply added to salads and pizzas, their versatility knows no bounds.
About Producer	Cooks&Co provide a wide range of olives, antipasti, ingredients, oils and sauces. The brand was born out of a desire to find great quality, premium products.
Directions for use	Ready to eat.
Accreditation, Certification and Assurance Schemes	BRCGS Certified Production
Energy (Kcal)	34.0000
Energy (KJ)	141.0000
Fat	0.5000
of which saturates	0.1000
Fibre	3
Ingredients	Artichoke Hearts, Water, Salt, Acidity Regulator: Citric Acid.
Brands	R.H Amar & Co Ltd
Dietary & Lifestyle	Suitable for vegetarians, Suitable for vegans, Lactose Intolerant
Protein	1.2000
Salt	0.8100
Size	390g
Pack Size	12
Storage Instructions	Store in a cool, dry place. Once opened, transfer into a non-metallic container, keep refrigerated and consume within 3 days.

About Supplier

From small beginnings in 1945, RH Amar has grown to become the UK's leading importer and distributor of premium grocery brands, offering brand owners the most effective route to market, and customers a one-stop shop for fine foods.

Country of Origin

Peru

