



# Country Range Chick Peas in Water

## Product Images



## Description

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Chick peas are a great base ingredient for salads, curries and casseroles. They are also a brilliant and cost-effective way off adding one of your '5 a day' into a dish.

## Additional Information

SKU	50063
Description	Chick peas are a great base ingredient for salads, curries and casseroles. They are also a brilliant and cost-effective way off adding one of your '5 a day' into a dish.
About Producer	Country Range brand provides you with a value for money proposition without any need to compromise on taste or quality. The quality, consistency and affordability of our products makes the Country Range brand widely regarded as the best in foodservice.
Accreditation, Certification and Assurance Schemes	BRCGS Certified Production, Roundtable of Sustainable Palm Oil (RSPO)
Energy (Kcal)	124
Energy (KJ)	519
Fat	2.4
Fibre	7.5
Ingredients	Chickpeas, Water, Ascorbic acid,
Brands	Country Range
Dietary & Lifestyle	Suitable for vegetarians, Suitable for vegans, Lactose Intolerant, Suitable for Coeliacs
Protein	6.3
Size	2.5kg
Pack Size	6
Storage Instructions	Store in a cool, dry place. Once opened, remove from can, store in a covered non-metallic container in a refrigerator for a maximum of 2 days.
Country of Origin	Italy

