



# Tapioca Flour (Organic)

## Product Images



## Description

---

Organic tapioca flour derives from the cassava plant and is taken from the root of the plant where no chemicals have been used to promote plant growth. Once the roots of the cassava plant have been harvested it is then processed and ground to a flour. The flour resembles that of plain white flour and performs in the same ways as other wheat flours. Perfect for making crusty bread to accompany a warming bowl of soup.

## Additional Information

SKU	91032
Description	Organic tapioca flour derives from the cassava plant and is taken from the root of the plant where no chemicals have been used to promote plant growth. Once the roots of the cassava plant have been harvested it is then processed and ground to a flour. The flour resembles that of plain white flour and performs in the same ways as other wheat flours. Perfect for making crusty bread to accompany a warming bowl of soup.
Energy (Kcal)	322.0000
Energy (KJ)	1367.0000
Fat	0.0000
of which saturates	0.0000
Fibre	0.9000
Ingredients	Organic Tapioca Flour
Brands	Buy Whole Foods Online
Dietary & Lifestyle	Suitable for vegetarians
Protein	0.3000
Salt	0.0000
Size	1kg
Pack Size	1
Storage Instructions	Keep in an air tight sealed container in a cool, dark and dry location.
About Supplier	BuyWholefoodsOnline is a health food supplier, based in Minster, Ramsgate, North East Kent. They deliver top quality natural and organic wholefoods, and related healthy living products, directly to homes and businesses across the UK. A shared love for wholefoods led cousins Arthur Martin and Joe Cooper to create the company back in 2007.
Country of Origin	Great Britain

