



## Black Garlic Co. Black Garlic Paste

## **Product Images**



## **Description**

The Original Black Garlic is a flavour bomb, missing ingredient and superfood rolled into one. With its sweet yet savoury umami flavour and tasting notes of molasses, balsamic, tamarind and caramel, Black Garlic is a unique addition to any dish. No additives, no preservatives just 100% Black Garlic. This luxurious Black Garlic paste is the original flavour bomb and perfect for dressings, stocks, marinades, chillies, stir fries and sauces.

## **Additional Information**

SKU	91138
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About Producer	In 2008, Katy Heath owned a small business importing produce. It was through this that she met a Korean supplier who asked her if she had heard of Korean aged garlic. Katy requested a sample and receiving garlic that, though not quite the same taste as the black garlic produces today, was flavoursome enough to peak her interest.
Directions for use	Use in soups or sauces or add a dollop to your chilli or Bolognese to boost the richness of your flavours.
Energy (Kcal)	264.0000
Energy (KJ)	1109.0000
Fat	0.0100
of which saturates	0.0100
Fibre	20.0000
Ingredients	Aged Garlic, Water (Free from preservatives)
Brands	The Original Black Garlic
Dietary & Lifestyle	Suitable for vegetarians, Suitable for vegans
Protein	13.3000
Salt	0.0100
Size	100g
Pack Size	6
Storage Instructions	Store in a cool dry place. Refrigerate once opened.
Country of Origin	Great Britain

